



# The Hilldale School

## Health and Safety Policies

### Flu and other Immunizations

California does not offer an exemption from state-required immunizations based on personal beliefs. Additionally, Hilldale School requires that students and staff get a yearly Flu immunization no later than November 1st in order to keep our school safe from waves of winter sickness.

### Injuries

Staff are CPR-certified and trained in American Red Cross first aid procedures.

### Allergies

**Hilldale is a NUT-FREE school.** It is imperative for the safety of all our students that no nuts are brought to school for any students. In cases of class parties, only foods that are nut-free and not processed on equipment that processes nuts are brought to school.

Parents must inform and update the school about serious allergies or asthma and the procedures for care in the event of a problem. A list of these allergies will be made available to all school teachers and personnel and will be kept in every room. Food allergies are a serious concern and food sharing is never allowed to protect the safety of our students. Parents and teachers all reinforce with children the importance of not bringing nuts and not sharing food.

### General Emergencies (Earthquake, Fire, Etc.)

Hilldale School maintains disaster plans in case of earthquakes, fire, tornadoes, and intruders.

Hilldale School follows the San Mateo County "Big Five" emergency situation protocol. Administration and staff have been trained in proper protocol. "The Big Five" emergencies that we prepare our students and staff for are: Shelter in Place; Drop, Cover, and Hold On (earthquake); Secure Campus (a potential threat); Lockdown/Barricade (an immediate threat or active shooter); and Evacuation (including a fire).



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Earthquake drills are held regularly; according to the earthquake guidelines of San Mateo County and the State of California, FEMA, and the USGS. Fire drills are also held regularly, and evacuation plans for each classroom are posted by the exits. Lockdown/Barricade drills are regularly held to teach children how to be safe in the unlikely event of an intruder/ active shooter. Every building and all fire extinguishers are inspected annually by the fire department, and each classroom is supplied with an emergency backpack.